

*Chattanooga State*  
**TIGER TRAVELS**

in association with the  
Tennessee Consortium for International Studies (TnCIS)

**STUDY ABROAD INFORMATION**  
SPRING & SUMMER 2019



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*The content provided in this document is intended for informational purposes only and is subject to change without notice. While precautions have been taken to ensure that the content is both current and accurate, human error can occur.*

### **TIGER TRAVELS**

For more information please contact:  
Amanda Griffin - HPF 180  
(423) 697-3352  
internationals@chattanoogastate.edu



Students,

Welcome to the Chattanooga State Community College Tiger Travels program! We at Chattanooga State are proud to offer our students the opportunity to learn in the most interesting classroom available—the world.

I had the privilege of witnessing first-hand how participating in study abroad can change students' lives when I traveled with students to Greece in 2010 and France in 2017. Students who study abroad are pushed out of their comfort zones, and because of that, they learn more about themselves and experience personal growth. Of course, through study abroad, students see the world and experience new cultures. One of Chattanooga State's institutional student learning outcomes is global and cultural awareness. I can think of no better way to develop global and cultural awareness than to participate in a study abroad program.

I hope that you will consider participating in the Tiger Travels program. Please know that there are scholarships available to help pay for this unique learning experience. So, please do not let cost discourage you from participating.

Please take some time to review this Tiger Travels guidebook and consider the possibilities. The world awaits you!

Sincerely,

Rebecca Ashford, Ed.D.  
President

## STUDY ABROAD...

*... with Chattanooga State's Tiger Travels Program and  
the Tennessee Consortium for International Studies (TnCIS)*

Dear Student,

So you're interested in studying abroad?

We're glad to hear of your interest, and we're eager to help you select the study abroad program that's best for you.

So what does studying abroad mean for you?

Instead of studying a reprint of a Renaissance painting shrunk to the size of a postcard so it fits into a textbook, you could stand within feet of the original artwork on display in the artist's hometown.

Instead of simply reading a major work of literature, you could walk the streets where the action occurred, while you and your classmates discuss the author's intentions.

Instead of sitting in a classroom as you master a language, you could become immersed in the culture and heritage of the nation where the language is spoken.

Studying abroad can help you:

- gain a special understanding of another part of the world;
- increase your maturity, independence, and self-confidence;
- prepare for a career in an increasingly global marketplace; and
- set yourself apart from other candidates competing for jobs with employers who have an international footprint.

As do many other study abroad students, you'll probably realize that the opportunity to experience other cultures is invaluable, helping you develop workplace skills that employers value. You'll almost certainly find that the study abroad experience is worth featuring on your résumé and mentioning during your job interview.

Talk with ChattState students who've participated in a study abroad program, and you'll hear that it is a life-changing experience.

When questions arise, write them down on the Tiger Travels Notes pages and then visit with one of ChattState's TnCIS faculty mentioned on page 10 in this booklet. We'll be glad to help you plan to study abroad with TnCIS.

Scott Douglass, Professor of English & Humanities  
Chair, Chattanooga State TnCIS Study Abroad Committee  
TnCIS Scotland Program Director

Tiger Travels is Chattanooga State's study abroad program which operates in association with the Tennessee Consortium for Internal Studies (TnCIS). Based in Knoxville at Pellissippi State Community College, TnCIS is approved by the Tennessee Board of Regents (TBR) to sponsor study abroad programs for TBR member institutions including all community colleges and state universities.

Chattanooga State's Tiger Travels includes TnCIS three-week summer study abroad programs and Chattanooga State faculty-led partnership programs with TnCIS. These programs give students the opportunity to experience the world as their classroom.

Chattanooga State's Tiger Travels summer study abroad programs with TnCIS offer the opportunity for students to take general education and special topic courses, in approximately 20 different countries with your classmates from schools across the state.

Chattanooga State's Tiger Travels Partnership Programs with TnCIS are for Chattanooga State students only and are typically embedded into a course during the semester that the course is being taught or during the summer in conjunction with the regular TnCIS summer study abroad programs.



AVERIE WILSON  
ENGLAND



MARY KNAFF  
SOUTH AFRICA

## TIGER TRAVELS PROGRAM FUNDING

Chattanooga State offers Tiger Travels grants and Tiger Travels Partnership grants to assist with study abroad program expenses. These grants are funded through the college and the student international fee. Funding is limited and does not cover the entire study abroad program fee. Students are encouraged to seek additional funding through financial aid or other personal resources.

If you choose to have a GoFundMe page or solicit funding for your trip, it cannot be done using Chattanooga State as the soliciting agent.



ALICEA KULESZA  
GREECE



KATIE WOHL  
SPAIN



ELIJAH PRUETT  
GEC I – HELSINKI, FINLAND



CAMERON KIRK  
GREECE



CHRISTIAN KEEF  
JAPAN



ELIJAH PRUETT  
GEC I - COPENHAGEN, DENMARK



ROSEMARY REID  
SCOTLAND



TERRY CETROLI  
IRELAND

New Partnership Programs for 2018...



OLD COURSE 18TH HOLE  
SCOTLAND

**HMG2 2350: Customer Service and Product Quality Improvement**

Faculty: Dan Zink  
Scotland: June 7 - June 19, 2018



YORK & ALBANY, GORDON RAMSAY RESTAURANT  
ENGLAND

**NUCM 2145: Global Experiences in Nuclear Medicine**

Faculty: Dusty York and Leesa Ross  
England: April 7 - April 14, 2018

**2019 Tiger Travels grant awards are anticipated to be 50% of the program cost. (\$1100-\$1900)**

*Chattanooga State faculty participating in TnCIS 2019 Study Abroad Partnership Programs*

**CRMJ 1010 - Intro to Criminal Justice  
Copenhagen, Denmark  
Cost: \$2699**

Course Dates: January 14 - May 2, 2019  
Program Dates: March 2 - March 9, 2019  
Application Deadline: December 3, 2018  
Final Payment Deadline: December 3, 2018

**For more information, please contact:**  
Dr. Michael McCamish, Associate Professor  
(423) 697-2587  
michael.mccamish@chattanoogaastate.edu

**NUCM 2145: Global Experiences in Nuclear Medicine  
Portugal  
Cost: \$2200**

Course Dates: January 14 - May 2, 2019  
Program Dates: March 9 - March 16, 2019  
Application Deadline: December 3, 2018  
Final Payment Deadline: December 3, 2018

**For more information, please contact:**  
Ms. Dusty York, Associate Professor  
(423) 697-3335  
dusty.york@chattanoogaastate.edu

Ms. Leesa Ross, Associate Professor  
(423) 697-3331  
leesa.ross@chattanoogaastate.edu

**Honors BUSN 290 - Global Leadership  
Greece  
Cost: \$2850**

Course Dates: January 14 - May 2, 2019  
Program Dates: May 5 - May 15, 2019  
Application Deadline: December 3, 2018  
Final Payment Deadline: March 7, 2019

**For more information, please contact:**  
Ms. Amanda Bennett, Director of Global Scholars  
(423) 697-2577  
amanda.bennett@chattanoogaastate.edu

Dr. Kenneth Goldsmith, Professor  
(423) 697-4795  
kenneth.goldsmith@chattanoogaastate.edu

**HMG2 2350: Customer Service and Product Quality Improvement  
Scotland  
Cost: \$3800**

Course Dates: January 14 - May 2, 2019  
Program Dates: June 6 - June 18, 2019  
Application Deadline: December 3, 2018  
Final Payment Deadline: March 7, 2019

**For more information, please contact:**  
Mr. Dan Zink, Instructor  
(423) 697-2539  
daniel.zink@chattanoogaastate.edu

Chattanooga State faculty participating in TnCIS Summer Semester 2019 Study Abroad Programs

**GEC I:**  
Comparative World Politics (POLS 112)  
Dr. Elizabeth Norell, Assistant Professor  
elizabeth.norell@chattanoogaastate.edu  
(423) 697-2512

**South Africa:**  
Environmental Science I (BIOL 1510)  
Dr. Richard Clements, Professor  
richard.clements@chattanoogaastate.edu  
(423) 697-2588

**Ireland:**  
Mythology (ENGL 2160)  
Ms. Ann Nicodemi, Assistant Professor  
ann.nicodemi@chattanoogaastate.edu  
(423) 697-5551

**Spain:**  
Course - See Instructor  
Mr. Juan Alonso, Assistant Professor  
juan.alonso@chattanoogaastate.edu  
(423) 697-2505

**Scotland:**  
Modern British Literature (ENGL 2220)  
Dr. Scott Douglass, Professor  
scott.douglass@chattanoogaastate.edu  
(423) 697-2477

**Spain:**  
English Composition II (ENGL 1020)  
Mr. Josh Tucker, Assistant Professor  
josh.tucker@chattanoogaastate.edu  
(423) 697- 3148

**2019 Tiger Travels grant awards are anticipated to be 50% of the program cost.**

*Awarding for GEC III is reviewed on a case-by-case basis.*

**(\$2150–\$2750)**

**BRAZIL**  
May 8 - May 28  
Cost: \$4995

- MUS 1030 – Introduction to Music
- SOCI 1040 – Social Problems
- BUSN 2380 – Principles of Marketing

**EASTERN EUROPE'S BEST**  
*(Vienna, Austria; Budapest, Hungary; Prague, Czech Republic)*  
May 5 - May 27  
Cost: \$4350

- ENGL 2420 – Modern World Literature  
≈ to ChattState's Modern European Literature
- HIST 2320 – Modern World Civilizations  
≈ to ChattState's Modern World History
- ECON 2100 – Principles of Macroeconomics
- MATH 1010 – Math for General Studies

**ECUADOR/GALAPAGOS ISLANDS**  
May 5 - June 2  
Cost: \$5500

- BIOL 1120 – General Biology II
- MATH 1530 – Introductory Statistics

**ENGLAND**  
July 5 - July 26  
Cost: \$4999

- PSYC 2130 – Lifespan Development Psychology
- SOCI 214 – Criminology
- HIST 2320 – Modern World History
- ENGL 2045 – Introduction to Literature
- ENGL 2220 – Modern British Literature

**FRANCE**  
June 3 - June 23  
Cost: \$4999

- HUM 2860 – Introduction to Film  
≈ to ChattState's Introduction to Film Studies
- MATH 1530 – Introductory Statistics
- MUS 1030 – Introduction to Music
- FREN 1020 – Beginning French II  
≈ to ChattState's Elementary French II
- FREN 2010 – Intermediate French I
- BIOL 1110 – General Biology I

**GERMANY**  
May 12 - June 2  
Cost: \$4875

- MUS 1030 – Introduction to Music
- ECON 2100 – Principles of Macroeconomics
- ENGL 2420 – Modern World Literature  
≈ to ChattState's Modern European Literature
- ENGL 1020 – English Composition II

**GRAND EUROPEAN CAPITALS I**  
*(Copenhagen, Denmark; Helsinki, Finland; Stockholm, Sweden)*  
June 3 - June 23  
Cost: \$4975

- COMM 2025 – Fundamentals of Communication
- ENGL 2410 – Early World Literature  
≈ to ChattState's Early European Literature
- POLS 112 – World Politics  
≈ to ChattState's Comparative World Politics

**GRAND EUROPEAN CAPITALS II**  
*(Paris, France; Amsterdam, The Netherlands; Berlin, Germany)*  
June 24 - July 14  
Cost: \$4975

- ENGL 2420 – Modern World Literature  
≈ to ChattState's Modern European Literature
- ECON 2220 – Microeconomics  
≈ to ChattState's Principles of Microeconomics
- ART 1035 – Introduction to Art
- ACCT 1010 – Accounting Principles I  
≈ to ChattState's Principles of Accounting I

**GRAND EUROPEAN CAPITALS III**  
*(Combined locations of GEC I and GEC II - see TnCIS website)*  
June 3 - July 14  
Cost: \$7799

- GREECE**  
May 7 - May 27  
Cost: \$4399
- ENGL 2990 – Myth & Tradition: Greek Mythos  
≈ to ChattState's Special Studies in English
  - BIOL 1110 – General Biology I
  - COMM 2025 – Fundamentals of Communication
  - ENGL 2990 – Introduction to Drama  
≈ to ChattState's Special Studies in English
  - HIST 2310 – Survey World History I  
≈ to ChattState's Early World History

**INDIA**  
July 7 - July 27  
Cost: \$4699

- SOCI 1040 – Social Problems
- ENGL 1020 – English Composition II

**IRELAND**  
June 26 - July 17  
Cost: \$4330

- ENGL 2420 – Modern World Literature  
≈ to ChattState's Modern European Literature
- ARTP 2991 – Nature and Travel Photography  
≈ to ChattState's Special Topics in Studio Art
- ENGL 2160 – Mythology

**ITALY**  
May 5 - May 26  
Cost: \$4995

- ART 2020 – Art History Survey II
- ACCT 1010/2110 – Principles of Accounting I
- ART 1035 – Introduction to Art
- PHIL 1030 – Introduction to Philosophy

**JAPAN**  
May 5 - May 26  
Cost: \$4999

- HUM 2860 – Introduction to Film  
≈ to ChattState's Introduction to Film Studies
- ARTP 2450 – Photography I  
≈ to ChattState's Digital Photography I
- ENGL 1020 – English Composition II

**SCOTLAND**  
May 29 - June 18  
Cost: \$4870

- ENGL 2220 – Modern British Literature
- BUSN 2330 – Principles of Management
- SOCI 214 – Criminology
- HUM 2860 – Introduction to Cinema  
≈ to ChattState's Introduction to Film Studies
- ANTH 1230 – Introduction to Cultural Anthropology

## TIGER TRAVELS PROGRAMS – SUMMER 2019

**2019 Tiger Travels grant awards are anticipated to be 50% of the program cost.**

*Awarding for G&C III is based on the number of times a participant has received funding through Tiger Travels.*

**(\$2150–\$2750)**

### **SOUTH AFRICA**

May 13 - June 18

**Cost: \$4695**

- ENGL 2420** – Modern World Literature  
≈ to ChattState's Modern European Literature
- ENGL 2055** – African-American Literature
- BIOL 1510** – Environmental Science I
- HIST 2320** – Modern World History
- PSYC 2120** – Social Psychology

### **SOUTH KOREA**

May 6 - May 27

**Cost: \$4999**

- HUM 2860** – Introduction to Film  
≈ to ChattState's Introduction to Film Studies
- MATH 1530** – Introductory Statistics
- ENGL 1020** – English Composition II
- BIOL 1020** – Diversity of Life

### **SPAIN**

May 6 - May 27

**Cost: \$4300**

- SPAN 1020** – Beginning Spanish II  
≈ to ChattState's Elementary Spanish II
- SPAN 2990** – Spanish Conversation  
≈ to ChattState's Special Topics in Spanish
- SPAN 2010** – Intermediate Spanish I
- SPAN 2020** – Intermediate Spanish II
- ENGL 1020** – English Composition II

### **TURKEY**

May 5 - 26

**Cost: \$4885**

- ENGL 1020** – English Composition II

## TIGER TRAVELS PROGRAM INFORMATION

*This information is applicable to all TnCIS and Partnership programs.*

### APPLICATION PROCESS

Starting the application process grants the Office of Multicultural and International Student Services and the Tennessee Consortium for International Studies (TnCIS) permission to review your academic and disciplinary records.

1. Start the online TnCIS Application on [www.tncis.org](http://www.tncis.org). You must do this before you can pay the application fee. To pay the application fee, obtain a Tiger Travels **Program and Application Fee Form** from the Office of Multicultural and International Student Services (HPF 180) for submission to the Bursar's Office.
  - Early Application Deadline: **Monday, December 3, 2018**, to receive a \$100 discount. This includes completion of your TnCIS application and payment of the \$100 application fee.
    - TnCIS decides whether an applicant is eligible for the \$100 early application program discount. One of the determining factors is whether the applicant has submitted all necessary documentation by the early application deadline (Monday, December 3, 2018).
    - Students without 12 credit hours at the time of their application submission are not eligible for the \$100 discount.
  - Regular Application Deadline: **Monday, February 11, 2019**.
2. Complete the [Tiger Travels Study Abroad Interest Application \(https://bit.ly/2JgXiCv\)](https://bit.ly/2JgXiCv).
3. Submit an **Advisor Prerequisite Approval Form** to the Office of Multicultural and International Student Services by **Thursday, January 31, 2019**. All forms can be found on [www.chattanoogastate.edu/study-abroad](http://www.chattanoogastate.edu/study-abroad).
4. Submit a copy of your **Satisfactory Academic Progress (SAP)** status by **noon on Thursday, January 31, 2019**. See Financial Aid Tips on page 16 for instructions on how to check your SAP status.
5. Develop an **ePortfolio**. This requirement applies to all students participating in Chattanooga State Study Abroad programs, whether they are applying for a Tiger Travels grant or paying independently.
  1. Visit the ePortfolio lab and ask for assistance logging in to the Tiger Travels ePortfolio.
  2. Begin your ePortfolio by completing the **Bio/About Me** section.
  3. Respond to the questions in these sections: **Goals, Program** (Country and Course), and **Impact**.
  4. Responses to these questions will help determine whether you will receive Tiger Travels funding. After you have completed the required sections, send an email to [internationals@chattanoogastate.edu](mailto:internationals@chattanoogastate.edu), with the following information:
    - In the Subject field, type "ePortfolio Submission."
    - In the Body field, type "ePortfolio is ready for review."
 Members of the Tiger Travels Funding Committee will evaluate the quality of your responses to these questions.
  - The deadline for all ePortfolio responses is **Thursday, January 31, 2019**.
6. Interview with the Study Abroad Selection Committee, if necessary.
  - Applicants will receive notification by Thursday, February 14, 2019, if the committee determines an interview is necessary.
7. If you decide not to participate in study abroad after submitting and application, you must notify TnCIS and Chattanooga State's Office of Multicultural and International Student Services.

### TIGER TRAVELS AWARDS

Funds are limited. Awards may be adjusted under certain circumstances. Early submission is strongly recommended. Meeting deadlines is essential. If you choose to have a GoFundMe page or solicit funding for your trip, it cannot mention Chattanooga State as the soliciting agent.

### TIGER TRAVELS GRANT ELIGIBILITY REQUIREMENTS

- Must be in good standing with academic and disciplinary matters.
- GPA of 2.0 or better in all college-level coursework.
- Must be degree-seeking.
- Successfully complete at least 12 college-level credit hours at Chattanooga State by the end of spring 2019. Learning Support courses are not college-level courses and cannot satisfy this requirement.
- Be at least 18 years of age by the start of the program

### ONCE YOU ARE AWARDED...

- Tiger Travels Award Notifications are mailed in late February.
- Accept or decline the award by the date given in the Travel Award Notification, and return a signed copy of the **Tiger Travels Grant Acceptance Agreement** (found on [www.chattanoogastate.edu/study-abroad](http://www.chattanoogastate.edu/study-abroad)) to the Office of Multicultural and International Student Services by **Thursday, March 7, 2019**.
- Final Payment is due by **Thursday, March 7, 2019**.
- **Register for your course.** You will be sent a Course Registration Notification from the Office of Multicultural and International Student Services.
  - You have until **Friday, April 16, 2019** to register for your course. Failure to do so may result in you having to repay your Tiger Travels award. When a student is not registered prior to departure of their study abroad program, it creates a major liability for Chattanooga State and TnCIS.
  - Submit a copy of your summer schedule to the Office of Multicultural and International Student Services by **Friday, April 19, 2019**.
- Make a formal presentation about the experience or attend a study abroad re-entry luncheon, if requested.
- Sign the **Photo Release Form** (found on [www.chattanoogastate.edu/study-abroad](http://www.chattanoogastate.edu/study-abroad)) and submit it to the Office of Multicultural and International Student Services by **Thursday, March 7, 2019**.

### PREVIOUS AWARD RECIPIENTS

Students who have previously received Tiger Travels awards are eligible for a second award, but will be considered after new applicants have been awarded.

## FINANCIAL AID TIPS

- Know your Satisfactory Academic Progress (SAP) status in the spring and summer terms.
- **How do you check your SAP status?**
  - Log in to TigerWeb and check Financial Aid Status for the current aid year (2018-2019).
  - You will see a message that states, "Based on your academic transcript, the status of your academic progress is '....' as of Fall/Spring Credit Term 2018."
    - This is updated at the end of each term and should be checked
    - If you are in a "Warning" status, you will most likely be suspended at the end of the spring term. If that occurs, you should submit a SAP appeal. The SAP appeal form is located in the Financial Aid box in your TigerWeb.
    - If you're taking an INCOMPLETE, this will affect your SAP status. Please check with the Office of Multicultural and International Student Services.
  - Financial Aid SAP policies are located on the Financial Aid website under "Keeping Your Aid." [www.chattanoogastate.edu/keeping-your-aid](http://www.chattanoogastate.edu/keeping-your-aid)
- Know what you need to do if you want to borrow loans.
  1. Go to [StudentLoans.gov](http://StudentLoans.gov) and complete the following:
  2. Entrance Counseling
  3. Loan Agreement (Master Promissory Note)
    - You may want to borrow loans in the Spring term for your Summer classes. Loans require a student to be enrolled in at least 6 eligible credit hours.
    - You can fill out a Loan Modification form to request a specific amount of loans. (Located in the Financial Aid box in your TigerWeb.)
- Know if you want to attend another class beyond a study abroad class.
  - Check with your Academic Advisor/Success Coach/Enrollment Services Center to see if you have enough Financial Aid to cover more than the Study Abroad course(s).
  - Financial Aid pays on attendance, so your Financial Aid in the summer may not disburse until your attendance for all classes has been reported.
  - The TN Hope Scholarship requires at least 6 credit hours to pay out at a prorated amount. TN Promise requires 12 credit hours and the completion of 8 hours of community service.
  - Additional Pell may be available to those who qualify. May require six credit hours if you were enrolled full time in the Fall and Spring. Pell grant is adjusted for less than full time enrollment.

## MANDATORY ORIENTATIONS

- Attend a Chattanooga State mandatory orientation; dates and times are online at [www.chattanoogastate.edu/study-abroad](http://www.chattanoogastate.edu/study-abroad)
- Attend the TnCIS mandatory orientation at the following location:

**Nashville State Community College**  
**Saturday, April 6, 2019**  
**12:00 - 4:00 PM Central Time**

*Failure to attend the TnCIS orientation may result in you having to repay your Tiger Travels grant.*

## TRAVEL REQUIREMENTS

**Passport:** Individuals wishing to study abroad will need a valid, unexpired passport. Your emergency contact is strongly encouraged (must) also have a valid, unexpired passport in the event that you would need him/her in an emergency situation while you are abroad. Passport information can be found at the following link: [Travel.State.gov](http://Travel.State.gov).

**Visa:** Individuals with a current visa status (F-1, M-1, etc.) will need to determine whether a tourist visa is required for entry into the country where they plan to study. This information can typically be found on the web page of the country's embassy/consulate. For additional information, please refer to the Non-US Citizens section of the TnCIS website, [www.tncis.org](http://www.tncis.org).

International students with F-1, M-1, and J-1 visas should notify the Office of Multicultural and International Student Services of their intent to participate in a study abroad program.

Deferred Action for Childhood Arrivals (DACA) students, undocumented students, and temporary protected status students should consult with an immigration attorney before considering a study abroad program.

## ACCOMMODATIONS

If you are a student with a disability, you are encouraged to discuss—early in the process—your need for accommodations with TnCIS personnel and a specialist in Chattanooga State's Disabilities Support Services Office ([dss@chattanoogastate.edu](mailto:dss@chattanoogastate.edu), 423-697-4452) or the Office of Multicultural and International Student Services ([internationals@chattanoogastate.edu](mailto:internationals@chattanoogastate.edu), 423-697-3352). All students are expected to fulfill essential course requirements in order to receive a passing grade in their program, with or without reasonable accommodations.

## INDEPENDENT TRAVEL

Chattanooga State does not permit independent travel.

## STUDENT CHECKLIST

- Have you submitted the TnCIS Application and paid the application fee? (see pg. 14)
  - Early Application Deadline: *Monday, December 3, 2018 (\$100 discount)*
  - Regular Application Deadline: *Monday, February 11, 2019*
  - Full Payment Due: *Thursday, March 7, 2019*
- Have you completed the Tiger Travels Study Abroad Interest Application? (see pg. 14)
- Have you met with your Academic Advisor and submitted your Tiger Travels Advisor Prerequisite Approval Form? (see pg. 14)
- Have you submitted your Satisfactory Academic Progress (SAP) status report? (see pg. 14)
- Have you made an appointment for an ePortfolio session? (see pg. 14)
- Have you read your Tiger Travels Award Notification? (see pg. 15)
- Have you submitted your Tiger Travels Acceptance Agreement? (see pg. 15)
- Have you registered for your course? (see pg. 15)
- Have you submitted your summer schedule to the Office of Multicultural and International Student Services? (see pg. 15)
- Have you submitted your Photo Release Form? (see pg. 15)
- Are you a previous award recipient? (see pg. 15)
- Have you signed up for one of the Chattanooga State mandatory orientation sessions? (see pg. 21)
- Do you have a reminder on your calendar for the mandatory TnCIS orientation? (see pg. 17)
- Have you applied for a passport (if applicable)? (see pg. 17)
- Does your emergency contact have a passport? (see pg. 17)
- Have you applied for a tourist visa (if applicable)? (see pg. 17)
- Do you need reasonable accommodations for your program? (see pg. 17)
- Are you considering independent travel? (see pg. 17)
- Have you read the Title IX information sheet? (see pg. 20)
- Have you read the Diversity and Inclusion Abroad Guide? (see pg. 21)
- Have you read "Returning Home After Studying Abroad"? (see pg. 22-23)
- Have you read the Resume Tips? (see pg. 24-25)

## STUDY ABROAD RESOURCES

### MANDATORY ORIENTATIONS:

TnCIS Orientation - *Saturday, April 6, 2019*

*12:00pm - 4:00pm Central Time*

*Nashville State Community College*

Chatt State Study Abroad Orientation (attend only one of the following meetings):

*Monday, March 25, 2019      Tuesday, March 26, 2019*

*10:00 am; or*

*2:00 pm*

*Location: TBA*

*11:00 am; or*

*5:00 pm*

*Location: TBA*

# YOU HAVE RIGHTS! KNOW YOUR IX

EMPOWERING STUDENTS TO  SEXUAL VIOLENCE

## 9 things to know about Title IX of the Education Amendments of 1972:

- Prohibits sex discrimination in education; it is not just about *sports*
- Protects *any* person from sex based discrimination
- Directs schools to be proactive to ensure that the campus is free from sex discrimination
- Directs schools to establish procedures for handling complaints of sex discrimination, sexual harassment, sexual violence
- Directs schools to take immediate action to ensure a complainant-victim can continue his or her education
- Directs schools not to retaliate against someone filing a complaint and must keep a complainant-victim safe from other retaliatory harassment or behavior
- Allows schools to issue “no contact directives”
- Prohibits schools from encouraging or allowing mediation (rather than a formal hearing) of a complaint
- Prohibits schools from discouraging the complainant-victim from continuing their education

## Sex discrimination in education includes:

- Dating Violence – violence against a person when the accuser and accused are dating, have dated, or who have or had a sexual relationship.
- Domestic Violence – inflicting or attempting to inflict, physical injury on the accuser by other than accidental means or placing the accuser in fear of physical harm
- Sexual Assault – when there is the lack of consent for sexual contact, when force or coercion is used to accomplish the act
- Stalking – the willful course of conduct involving repeated or continuing harassment of another individual that would cause a reasonable person to feel terrorized, frightened, intimidated, threatened, harassed, or molested

**Consent is legally defined as an informed decision, freely given, made through mutually understandable words or actions that indicate a willingness to participate in mutually agreed upon sexual activity. Consent cannot be given by an individual who is:**

- **Asleep or unconscious**
- **Mentally or physically incapacitated, either through the effect of drugs or alcohol or for any other reason**
- **Under duress, threat, coercion, or force.**

**Past consent does not imply future consent. Silence or an absence of resistance does not imply consent.**

**Consent can be withdrawn at any time.**

**To report an incident of sexual discrimination, harassment, or assault:**

### Students Contact

**Dean of Students, Sandy Rutter 697-4475, 697-3276 or 423-994-5500**

**Campus Police 697-4467; Rape Crisis Center 423-755-2700**

### Confidential Reporting

**Counselor, Belinda Smith 697-4421**

### Faculty/Staff Contact

**Title IX Coordinator, Brain Evans, 423-697-2417**

## DIVERSITY AND INCLUSION ABROAD GUIDE

Studying abroad can be an amazing and sometimes life changing experience. *The Diversity and Inclusion Abroad Guide* provides helpful tips on how your identity may be impacted during your study abroad experience.

*To view the full Diversity and Inclusion Abroad Guide, visit [diversityabroad.com](http://diversityabroad.com).*

### Racial and Ethnic Minority Students Abroad

- Remember that people abroad have different cultural norms.
- The more you integrate with the culture the less you'll stand out.
- Research what kinds of contact and relations your minority group has had in your host country.
- Be aware that people may generalize or incorrectly identify your ethnicity.
- Learn more about other minority students' experiences abroad.
- Build a support network among other study abroad students in case you do face racial or discriminatory incidents
- Be prepared if an incident does arise, but don't go abroad expecting racism or discrimination.

### Religious Diversity Abroad

- Stay open minded about religious practices, even if you receive criticism for your beliefs.
- If you are planning to practice your religion abroad, you may want to find out what places of worship there are.
- If you have religious dietary restrictions, be sure to let your program director or appropriate staff know ahead of time
- Depending on where you go, religion may have a larger or smaller role than it does in the U.S.
- Use your experience abroad to learn about world religions the role they play in diverse cultures.

### Adult Study Abroad

- Look into short term programs if you cannot afford to spend an extended period of time away from your family and can't take too much time off work.
- Talk with other adult students who have studied abroad.
- Sometimes you might feel that you don't fit in, but remember not to isolate yourself from the rest of the group.

### Heritage Seekers

- Remember although there is an ethnic affiliation between you and the people in your home country, there are many cultural differences and you might not be accepted as one of their own.
- Dressing and acting like the locals can make you stand out less.
- Research the customs and culture of your home country. There might be great differences between what you think you know about the home country based on how you were raised and what it is actually like.
- Be aware that people may generalize or incorrectly identify your ethnicity.
- Learn more about other heritage students' experiences abroad.

### LGBTQ+ Students Abroad

- Put your safety first.
- Before you leave, familiarize yourself with the customs and laws of your host country.
- Research whether or not talking about sexuality is taboo.
- Research the terms and definitions used in your host country to talk about LGBTQ+ issues.
- Find a support network abroad

### Students with Disabilities Abroad

- Let your counselor or program director know about your disability, if you are comfortable doing so, so that as many accommodations as possible can be made.
- Keep in mind that places abroad may not be as accessible as you are used to.
- Remember that people with disabilities may be treated differently than you are accustomed to. Research before you go so you have some idea of what to expect.
- Be flexible and think creatively about how you can accommodate your disability abroad.

### Economically Disadvantaged Students

- Choose a destination with a low cost of living
- Check if your financial aid package can be used toward studying abroad
- Apply for scholarships
- Personal fundraising
- Good money management

### Women Abroad

- Do research on gender roles and their history beforehand.
- Put your safety first and be aware of your surroundings.
- Dress and act like the local women to avoid standing out.
- Be aware of cultural differences, including body language, that may be misinterpreted in your host culture.
- Talk with other women who have studied abroad to find out more about their experiences.

### First Generation Students

- Talk to your advisors and fellow students.
- Do your own research on study abroad experiences.
- Find people who support your decision to study abroad.

## RETURNING HOME AFTER STUDYING ABROAD

Are you familiar with the term reverse culture shock?

Coming home can be a very exciting time as you reunite with all of the people, places, and things that you craved while abroad. It can also be a tough transition as you find yourself longing for the sights, sounds, smells, and feelings that you had immersed yourself in during your time abroad. This phenomenon is called reverse culture shock. It can affect travelers at different times and to varying degrees. Some students may feel profoundly impacted by reverse culture shock; while others seem to be barely scathed, as they transition easily back to their lives in the US.

*College of Saint Benedict, Resource Guide for Returned Students*

There are lots of reasons to look forward to going home, but there are also a number of psychological, social and cultural aspects which can prove difficult - often because they are unanticipated. The following list was generated by interviewing students like you who have been through the experience and survived nicely. However, they say you should take the process seriously by being realistic and thinking about it and your possible reactions. They offer the following thoughts on re-entry for your consideration in the hope they will make your return both more enjoyable and more productive.

### **TOP TEN IMMEDIATE RE-ENTRY CHALLENGES**

#### **1. Boredom**

After all the newness and stimulation of your time abroad, a return to family, friends, and old routines (however nice and comforting) can seem very dull. It is natural to miss the excitement and challenges which characterize study in a foreign country, but it is up to you to find ways to overcome such negative reactions - remember a bored person is also boring.

#### **2. "No One Wants to Hear"**

One thing you can count on upon your return: no one will be as interested in hearing about your adventures and triumphs as you will be in sharing those experiences. This is not a rejection of you or your achievements, but simply the fact that once they have heard the highlights, any further interest on your audiences' part is probably unlikely. Be realistic in your expectations of how fascinating your journey is going to be for everyone else. Be brief.

#### **3. You Can't Explain**

Even when given a chance to explain all the sights you saw and feelings you had while studying abroad, it is likely to be at least a bit frustrating to relay them coherently. It is very difficult to convey this kind of experience to people who do not have similar frames of reference or travel backgrounds, no matter how sympathetic they are as listeners. You can tell people about your trip, but you may fail to make them understand exactly how or why you felt a particular way. It's okay.

#### **4. Reverse "Homesickness"**

Just as you probably missed home for a time after arriving overseas, it is just as natural to experience some reverse homesickness for the people, places, and things that you grew accustomed to as a student overseas. To an extent it can be reduced by writing letters, telephoning, and generally keeping in contact, but feelings of loss are an integral part of international sojourns and must be anticipated and accepted as a natural result of study abroad.

#### **5. Relationships Have Changed**

It is inevitable that when you return you will notice that some relationships with friends and family will have changed. Just as you have altered some of your ideas and attitudes while abroad, the people at home are likely to have experienced some changes. These changes may be positive or negative, but expecting that no change will have occurred is unrealistic. The best preparation is flexibility, openness, minimal preconceptions, and tempered optimism.

#### **6. People See "Wrong" Changes**

Sometimes people may concentrate on small alterations in your behavior or ideas and seem threatened or upset by them. Others may ascribe "bad" traits to the influence of your time abroad. These incidents may be motivated by jealousy, fear, or feelings of superiority or inferiority. To avoid or minimize them it is necessary to monitor yourself and be aware of the reactions of those around you, especially in the first few weeks following your return. This phase normally passes quickly if you do nothing to confirm their stereotypes.

#### **7. People Misunderstand**

A few people will misinterpret your words or actions in such a way that communication is difficult. For example, what you may have come to think of as humor (particularly sarcasm, banter, etc.) and ways to show affection or establish conversation may not be seen as wit, but aggression or "showing off." Conversely, a silence that was seen as simply polite overseas might be interpreted at home, incorrectly, as signaling agreement or opposition. New clothing styles or mannerisms may be viewed as provocative, inappropriate, or as an affectation. Continually using references to foreign places or sprinkling foreign language expressions or words into an English conversation is often considered boasting. Be aware of how you may look to others and how your behavior is likely to be interpreted.

#### **8. Feelings of Alienation**

Sometimes the reality of being back "home" is not as natural or enjoyable as the place you had constructed as your mental image. When real daily life is less enjoyable or more demanding than you remembered, it is natural to feel some alienation. Many returnees develop "critical eyes", a tendency to see faults in the society you never noticed before. Some even become quite critical of everyone and everything for a time. This is no different than when you first left home. Mental comparisons are fine, but keep them to yourself until you regain both your cultural balance and a balanced perspective.

#### **9. Inability to Apply New Knowledge and Skills**

Many returnees are frustrated by the lack of opportunity to apply newly gained social, technical, linguistic, and practical coping skills that appear to be unnecessary or irrelevant at home. To avoid ongoing annoyance: adjust to reality as necessary, change what is possible, be creative, be patient, and above all use the cross-cultural adjustment skills you acquired abroad to assist your own reentry.

#### **10. Loss/Compartmentalization of Experience (Shoeboxing)**

Being home, coupled with the pressures of job, family, and friends, often combine to make returnees worried that somehow they will "lose" the experience. Many fear that it will somehow become compartmentalized like souvenirs or photo albums kept in a box and only occasionally taken out and looked at. You do not have to let that happen: maintain your contacts abroad; seek out and talk to people who have had experiences similar to yours; practice your cross-cultural skills; continue language learning. Remember and honor both your hard work and the fun you had while abroad.

*Adapted from Rice University and  
Dr. Bruce La Brack, School of International Studies, University of the Pacific*

## RESUME TIPS

Permission to use granted by the Learning Abroad Center at the University of Minnesota

“A global point of view is a critical skill set that is not easily come by in the US, and it is a skill set that facilitates creativity, diversity of thinking, and better skills for working with a variety of individuals with varied backgrounds, interests and capabilities.”

- Advertising Executive

Have people assured you that your experience abroad “looks great on a résumé?” They're right! The bad news is that potential employers or members of graduate or professional school admissions committees may lack these experiences themselves. It's up to you to effectively communicate the skills and proficiencies that will benefit their organization and convince them of the value of your experience.

“I think I have my current job because of my experiences abroad. Those experiences gave me greater self-confidence and a greater understanding of myself, which led to my willingness to uproot myself and try new work in a new location.”

- Higher Education Administrator

### SKILLS

What skills or proficiencies have you acquired or enhanced while you were abroad? Some of the skills that professionals with international experience cite as being particularly useful in their careers include:

- Enhanced cultural awareness and sensitivity to customs and cultural differences
- Foreign language proficiency
- Adaptability
- Ability to identify and achieve goals
- General improvement in communications skills
- Increased confidence, initiative, and independence
- Greater flexibility and sense of humor
- Awareness of global economic and political issues and realities
- Ability to maintain an open mind and be tolerant of others
- Clarification of goals and improved self-awareness
- General travel skills
- Resource management
- Organization
- Problem solving and crisis management
- Patience
- Listening and observation
- Specific professional skills or knowledge base

### RÉSUMÉ

Where are you locating your experience on your résumé? If it is study program, consider listing the program in your education section rather than under activities or other experiences.

B.A. University of Minnesota—Art History 2003  
Paul Valéry Université, Montpellier, France, 2001

If the experience included an internship, list the experience as a professional experience rather than as an activity.

Marketing Assistant, Hamley's Toys  
London, England, 1/02–5/02

If you did a work program but the work was not particularly related to your intended profession, list it as work experience but concentrate on the cross-cultural learning.

The Black Dog Pub, Cambridge, England

Served patrons in a local restaurant, worked as the only American in a British business, trained co-workers in American-style customer service. If your resume includes a section for skills or proficiencies, include specific skills acquired or improved while abroad.

“My experience in Russia and Ukraine differentiated me from the masses of “standard” college grads hunting for the most desirable jobs. I heard it time and again from employers.”

- Advertising Account Planning Manager

### COVER LETTER

How does your experience relate to your field? What field do you intend to work in? How might your international experience uniquely benefit a professional in that that field? Develop a strategy to specifically address this in your cover letter or résumé.

My experience living in Ecuador will enhance my ability to communicate and interact effectively with the local Latino population this position has the opportunity to work closely with.

My studies in Japan provided me with a great insight into the cultural differences that influence consumers in different countries and will improve my ability to contribute to international marketing initiatives.

Even if your career goals do not include a specific international dimension at this time, you can promote the general transferable skills, such as independence, confidence, and problem solving.

“Agriculture is truly a global business. Students who have studied or interned abroad have a better perspective and are thus more valuable to companies such as Archer Daniels Midland.”

- President and Chief Operating Officer of ADM

### THE INTERVIEW

Consider in advance where and how you will refer to your experience abroad. While it is important, you should not use it as your only point of reference. If your interviewer remarks or asks about your international experience, take it as an opportunity to expand. Don't let the opportunity pass by with a simple “Yes, it was great!”

Prepare specific examples. Did you:

- Do a specific project or research applicable to your field of interest while abroad?
- Travel independently?
- Learn to work with a more diverse group of people than you had previously been exposed to?
- Resolve a conflict based on misunderstandings or cultural differences?
- Learn new activities, languages, hobbies, or skills?

“I usually bring up my international experience when asked, ‘tell me something interesting about yourself’.”

- Clinical Research Coordinator

“My international experience is always asked about, whether it is relevant to the position or not.”

- Director of Conferences for a Professional Association

# TIGER TRAVELS

## NOTES

2018

2019

4501 Amnicola Hwy, Chattanooga, TN 37406 | Office of Multicultural and International Student Services, H<sub>PF</sub> 180 | (423) 697-3352

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### TIGER TRAVELS IMPORTANT DATES

- December 3** - Early Application Deadline
  - Program Fees Due (Partnership Programs NUCM 214 and CRMJ 1010)
- January 31** - ePortfolio Deadline
  - SAP Status Deadline
- February 11** - Advisor Prerequisite Form Deadline
  - Regular Application Deadline

- March 7** - Final Payment Deadline
  - Grant Acceptance Agreement Deadline
  - Photo Release Deadline
- March 25/26** - ChattState Tiger Travels Orientation
- April 6** - TnCIS Orientation
- April 16** - Course Registration Deadline
- April 19** - Summer Schedule Submission Deadline

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