

Chattanooga State Technical Community College

Tiger Athletics

Congratulations! You are now a part of the best community college program in the country. As you physically and mentally prepare for the upcoming challenges of academic and athletic endeavors, you are about to experience changes that will be cherished for a lifetime. To maximize your ability to be the best student athlete you can be, consider that Tiger Athletics is not just a sports experience but rather it's a way of life.

Dr. James Catanzaro, President

Steve Jaecks, Athletic Director

Beth Keylon-Randolph, Assistant Athletic Director / Head Coach...Softball

Kim Weems Smith, Compliance / Eligibility

Greg Dennis, Head Coach...Baseball

Jay Price, Head Coach...Women & Men's Basketball

Tiger Pride

Excellence

Discipline

Honesty

Integrity

Commitment

Respect

Athletic Department Message

As you begin your education and athletic pursuits here at Chattanooga State it is our hope that you are successful in completing the requirements of your chosen curriculum and that you excel to the highest level of your potential in your specific sport. But more than that it is anticipated that you will leave our program with an extraordinary desire to strive for excellence in all aspects of your life.

This handbook is designed to give you an overview of expectations that are necessary to meet your potential and that will enable you to make a unique difference in society. Serious consideration in fine-tuning attitudes and a disciplined plan of action will enhance your opportunity to succeed at the highest possible level.

As your coaches, we want you to have more than just an ordinary experience here at Chattanooga State. Many coaches are considered just coaches. We consider ourselves more. We are keenly interested and concerned about the direction of your life. Feel compelled to ask us questions and interact with us. Ask for advice and share experiences. When you move to the next experience and into society we expect that you will make a positive impact.

The coaches and athletic administration consider it an honor and privilege to assist you in your pursuit of excellence.

Athletic Department Mission

1. To provide student athletes the opportunity to participate in their sport of choice as dictated by their interest and capability.
2. To provide quality coaching.
3. To provide student athletes the opportunity to represent their college.
4. To provide experiential growth in life skill assessment and development
5. To provide a support system that will aid student athletes in their academic pursuits.
6. To provide a support system that will aid student athletes to transfer into other athletic programs.

Athletic Department Philosophy

The athletic program has been developed to enhance the physical, intellectual, social and moral development of the student athlete. Because athletics is secondary to academics; training regulations, standards of behavior and discipline have been developed to enhance the pursuit of academic excellence and to ensure the growth of the student athlete and the success of the program.

The athletic program also serves to represent the college. It is designed as one of the key components in establishing positive relationships with the community at large.

Chattanooga State Support Services

The Athletic department and the college provide a variety of services that enhance academic success and personal growth. Some of these support systems will be mandated for your use while others will be voluntary. Your coach or athletic administration will be able to provide you with information that will help you decide what is necessary for you to utilize to reach your potential.

1. Academic advisement.
2. Team study halls.
3. Tiger Champs Life Skills.
4. Academic progress reports.
5. Instructional labs: Mathematics Center...IMC-225
Reading and Writing Center...IMC-215
6. Library Services
-provides vast resources to aid in all aspects of academic requirements and research
7. Career Planning Center
-provides assistance in evaluating choices for a career
8. Placement Services
-provides information and direction for job placement
9. Counseling Service Center
--provides professional confidential counseling

Insurance Information

To expedite the process of payment for sport related injuries please review the following procedure. Failure to do so will jeopardize payment and you might be totally responsible for making payment for services rendered to you. Insurance reporting procedures are subject to change. In this event you will be notified and informed of revised procedures.

***Before you can participate in a recognized practice or contest you must have been given a thorough sports physical. This report must be given to the Athletic department to be on file.

***An insurance information data sheet must be filled out by your parents or in some case by yourself. This must be on file in the athletic department. These forms will be sent to your parents for completion and must be returned to use within three weeks from the time they were sent. If the completed form has not been received by the three-week deadline you will be suspended from any type of practice and use of the Fitness Center.

*****Your family insurance is primary and makes as much of the payment as possible.**

***Chattanooga carries a secondary insurance. This insurance will only pay after the primary insurance has made payment to its limit.

***Secondary insurance does not cover the following:

- illness or sickness of any nature (i.e. colds, flu, viruses, shots)
- accidents
- injuries before you arrive at Chattanooga State
- injuries incurred while not at a recognized scheduled practice or game

***Secondary insurance will not make any payment until the primary insurance has taken care of their responsible payment. You or your parents are responsible for taking care of primary insurance notification. Delay in primary insurance payment because of negligence on your part will jeopardize your ability to receive money from secondary insurance. You might have to pay expenses out of your own pocket.

Injury Reporting Procedure

1. When injured report immediately to your coach, trainer and then to the athletic director so an accident report can be filed. (This must be done and on file before a doctors appointment can be made by the coach)
2. The athletic director will provide you with secondary insurance information that must be submitted at the initial visit to the providers who service you.
3. Accident reports must be given to the doctor at the time of your appointment.
4. Medical services are to be informed by you that your primary insurance covers your injury.
5. Before secondary insurance will consider payment, your primary insurance must first pay on your claim.

Tiger Athlete Behavioral Guidelines and Expectations

The Chattanooga State Athletic department recognizes that a disciplined approach to athletics, academics and community citizenship is paramount to the success of the organization and student athlete.

Each student athlete depending on circumstance is receiving some type of financial assistance. Whether it is tuition, books or housing scholarships, Chattanooga State is responsible for providing this financial support. Meal money is provided on trips. Uniforms, warm-ups, practice gear and in some case footwear are also provided by the college.

Student athletes are held accountable for adhering to athletic department behavioral guidelines and expectations. They must also abide by specific team rules as outline by each head coach and all Chattanooga State guidelines as outline in the Student Handbook. In addition, the NJCAA and TJCCAA also govern behavior.

Failure to follow these rules and regulations will dictate corrective action from the Athletic department, specific team or Chattanooga State Student Affairs as outlined in the student handbook.

Campus Decorum

1. Student athletes are required to attend all of their classes. Missing class except for scheduled games is unacceptable. Teachers will not be asked to allow you to make up class work or exams if you have been missing class for anything other then scheduled games.
2. Classroom and campus behavior must be of a professional nature and respect must be the underlying principle of conduct.
3. Campus attire must be worn in a modest fashion and in a traditional professional manner. In the classroom the wearing of head gear of any nature is discouraged.
4. Men...no earrings or ear studs of any nature. Hair must be groomed short.
5. Cussing, swearing or use of foul language is not acceptable. Use of proper language is a choice...the only choice.
6. Common sense etiquette in the college cafeteria is expected.
7. On campus parking regulation must be followed; secure a parking tag, display the tag according to policy and only park in student parking
8. Each student athlete is expected to take charge of themselves in keeping clean the Athletic Conference room and athletic lobby.

Substance Use and Abuse

1. Use of tobacco in any form is prohibited on campus, in the classroom, in the Fitness Center, locker rooms, study table room, anywhere in the gym, at any practice or any game contest.
2. Consumption of alcoholic beverages is prohibited on campus, at scheduled games and practices or at any other college-sponsored activity.
3. The use of alcoholic beverages in your place of residence is prohibited.
4. Use of alcohol anytime by any student athlete or any personal from the Athletic department is discouraged. Reminder; if you are under 21 it is illegal to consume alcohol.
5. Possession and/or use of any controlled substance is illegal and will be handled by appropriate law enforcement agency.

Team Conduct

1. Playing time, determination of playing positions and decisions regarding game strategy is the responsibility of the head coach.
2. During any contest, all team members who are not playing shall remain on the bench and exhibit good sportsmanship.
3. Game uniforms, including warm-up pants, jacket and any other team gear are to be worn only at games or other occasions as specified by the coach.
4. Each student athlete must participate in all practice and games except when ill or otherwise incapacitated.
5. When traveling, all team members shall travel on team transportation, stay in their assigned rooms and follow all curfew and room check rules as specified by the head coach.
6. Student athletes must participate in activities that promote clean and orderly locker rooms.

Conclusion

***Each student athlete, must, at all times represent Chattanooga State, their team and themselves with the highest degree of professionalism. Anything less is unacceptable and is failure.

**Consent to Drug/Alcohol Testing
Statement of Receipt, Acknowledgment and Understanding
Release of Liability**

I, _____, am a member of the _____ at Chattanooga State Technical Community College. I acknowledge receipt and understanding of the institutional and Athletic department policy with regard to drug and alcohol testing and the potential disciplinary sanctions, which may be imposed for violation of such policy as stated in _____.

I understand the purpose of this policy is to provide a safe playing, learning and working environment for players, students, faculty, staff and property. Accordingly, I understand that prior to participation in the athletic program, I am required to undergo drug/alcohol testing of my blood or urine. I further understand that I am also subject to further testing, randomly or on reasonable suspicion that I am using or am under the influence of drugs or alcohol.

I acknowledge and understand the intention to test for drugs and/or alcohol and agree to be bound by this policy. I hereby consent to such testing and understand that refusal to submit to testing or a positive result of the testing will affect my eligibility to participate in athletics and may also result in disciplinary action up to and including loss of all scholarship money and dismissal from the athletic program and Chattanooga State Technical community College.

My signature below indicates that:

1. I consent to drug/alcohol testing as required by the Athletic department or the Office of Student Affairs of Chattanooga State.
2. I authorize the release of all information and records, including test results relating to the screening or testing of my blood/urine specimen, to the Office of Student Affairs, the Director of the Athletic program and others deemed to have a need to know.
3. I understand that I am subject to the terms of the general regulations on student athlete conduct and disciplinary sanctions of Chattanooga State, the Athletic department as well as, federal, state and local laws regarding drugs and alcohol.
4. I hereby release and agree to hold harmless Chattanooga State Technical Community College and the Tennessee Board of Regents, their officers, employees and agents from any and all action, claim, demand, damages or costs arising from such test(s), or any action, taken as the result of such tests or in connection with but not limited to, the testing procedure, analysis, the accuracy of the analysis, and disclosure of results.

My signature indicates that I have read and understand the Drug/alcohol sanctions, this consent and release and that I have signed it voluntarily in consideration of participation in the Chattanooga State Athletic program.

Student athletes signature Date of Birth Date

If under 18 years of age, a parent or guardian's signature is below:

Parent or guardian Date